

The thank you card is a gift of gratitude that grows!

Celestial Yogahanni is committed to sustainability. The seed paper is handcrafted in the UK, embedded with over 20 varieties of native UK wildflower seeds.

Once you have followed Celestial Yogahanni and taken note of the website for future reference (www.celestialyogahanni.co.uk), please plant to grow beautiful wildflowers and make a positive impact on Mother Earth.

Planting is really easy!

- 1. Tear the seed paper into small pieces and soak briefly.
- 2. Cover with 1 cm of soil in a pot or outdoor space.
- 3. Water thoroughly, keep moist, and place in a sunny spot.
- 4. Watch it grow! Best planted outdoors in spring or autumn.

You'll also find an intentional wildflower planting ritual below, if you feel called. An offering of love and gratitude to Mother Earth, Lady Gaia:

Wildflower Planting: A Ritual of Love for Mother Earth

1. Arrive where you wish to plant the flowers

Take three deep breaths to ground your energy and connect with the present moment.

Begin to imagine a beautiful golden bubble of light surrounding your entire auric field. This bubble of light is keeping you safe and secure. Place one hand on your heart, one on the ground, connecting to Mother Earth, to Lady Gaia.

Take three slow breaths here, feel the connection - sky above, earth below.

Affirmation:

"I arrive in peace. I plant with love. I honour the Earth and all who walk upon her."



2. Hold the Seeds with Intention

Take the seeds in your hand. Take time to reflect here. What do you wish to grow? Not just in the soil but, in your life? Speak or silently set an intention: joy, renewal, healing, connection...

Affirmation:

"These seeds carry gratitude, beauty and hope. As they bloom, so do I."

3. Prepare the Earth Gently

Use your fingers or a tool to loosen the soil.

As you do, imagine old energies being released, making space for new life. If you wish, sing or hum softly as you prepare the space. Sound is healing frequency! The sound of your own voice holds the perfect resonates for you; isn't that truly special and beautiful.

4. Plant with Devotion

Place each seed with care, taking your time.

You may say a word or prayer for each one. Such as "peace," "gratitude," or "growth."

Feel your heart expanding with each gesture.

Affirmation: "From seed to bloom, may love resume."

5. Water with Blessing

Use fresh water or if possible, moon-charged water. As you pour, imagine light pouring into the earth with it.

Affirmation:

"May these waters carry my love and may these seeds bloom with joy. May what grows here heal the air."



6. Offer Thanks to Mother Earth, Lady Gaia

Bow or touch the earth lightly with both hands, imagining your love as energy flowing into the ground.

Closing Affirmation:

"Thank you, thank you, thank you Mother Earth/Lady Gaia. May these flowers bless you, as you have blessed me."

7. Let Go & Trust

As you walk away, release all expectations.

Trust that Mother Earth, Lady Gaia, knows the rhythm, the timing and the unfolding.

You have planted with love, now let the divine plan take root.

Return with presence, not to control but, to witness.

Tend your flowers as you would your own soul: with patience, faith and love.

I'd love to see your wildflower moments! Share a photo or story of your planting ritual and help us grow a garden of connection, let your light ripple outward.



Need any help?

Celestial Yogahanni is here to support the journey – both yours and your jewellery's. If you have questions about your gemstone jewellery, need a repair or feel called to share your wildflower planting ritual, meditation experience or a story from your path, I would love to hear from you!

You can reach me via the Contact Page or email: <u>gem@celestialyogahanni.co.uk</u>

Thank you for choosing a piece that honours your intuition and light!



With love, light & angels,

Gem